

**BROOKLETTS PLACE – TALBOT COUNTY SENIOR CENTER**

**June 2016**

**Lunch menus include 8oz 1% Milk & 4oz Juice**

**Menus shown for Friday & Saturday are for Meals-On-Wheels Clients**

**NOTE: Lunch is served at Brookletts Place at Noon, Monday through Thursday ONLY**

<b>Week 1 Monday 5/30</b>	<b>Tuesday 5/31</b>	<b>Wednesday 6/01</b>	<b>Thursday 6/02</b>	<b>Friday 6/03 MOW ONLY</b>	<b>Saturday 6/04 MOW ONLY</b>
Baked Pork Chops Pinto Beans Honey Glazed Carrots Applesauce W.W. Bread w/ Marg. Juice/Milk	Chef Salad, Turkey, Lettuce Cheese, Egg & Dressing Tomato Wedges (3) Macaroni Salad Madarin Oranges W.W. Crackers (6) Juice/Milk	Salisbury Steak Buttered Egg Noodles Mixed Vegetables Peaches W.W. Roll w/ Marg. Juice/Milk	Grilled Chicken on Bun Sweet Potato Fries Steamed Broccoli Melon Cup Juice/Milk	Beef Liver & Onions Mashed Potatoes w/ Gravy Green Beans Diced Pineapple W.W. Bread w/ Marg. Juice/Milk	Homemade Chicken Noodle Soup (8 oz) Side Mixed Green Salad w/ Carrots, Tomatoes, & Dressing Fresh Orange W.W. Crackers (6) Juice/Milk
<b>Week 2 Monday 6/06</b>	<b>Tuesday 6/07</b>	<b>Wednesday 6/08</b>	<b>Thursday 6/09</b>	<b>Friday 6/10 MOW ONLY</b>	<b>Saturday 6/11 MOW ONLY</b>
Cheeseburger on Bun Oven Baked Potatoes Zucchini & Tomato Blend Pears Juice/Milk	Oven Fried Chicken Red Beans & Rice Brussels Sprout Fruit Cocktail W.W. Bread w/ Marg. Juice/Milk	Baked Ham w/ Pineapple Sauce Sweet Potatoes Collard Greens Tropical Fruit Cup W.W. Roll w/ Marg. Juice/Milk	Roast Turkey w/ Gravy Mashed Potatoes Peas Fruit Jello W.W. Bread w/ Marg. Juice/Milk	Chilli w/ Beans Steamed White Rice Vegetable Blend Applesauce Bread Sticks Juice/Milk	Baked Flounder Oven Fried Potatoes Stewed Tomatoes Raisins Cornbread Juice/Milk
<b>Week 3 Monday 6/13</b>	<b>Tuesday 6/14</b>	<b>Wednesday 6/15</b>	<b>Thursday 6/16</b>	<b>Friday 6/17 MOW ONLY</b>	<b>Saturday 6/18 MOW ONLY</b>
Vegetable Bean Soup (8oz) Turkey & Swiss on Mini Sub Roll Mandarin Oranges Juice/Milk	<b>Lunch w/Laurie Toms</b> Egg Salad & Lettuce on Croissant Spaghetti Salad w/ Veggies Pickled Beets Peaches Juice/Milk	Baked Chicken Breast w/ Gravy Mashed Potatoes Seasoned Peas Chilled Pineapple W.W. Bread w/ Marg. Juice/Milk	<b>South County Showstoppers</b> Tuna Salad Sandwich on W.W. Bread 3 Bean Salad Pasta Salad Fresh Banana Juice/Milk	Hot Roast Beef & Gravy Sandwich on W.W. Bread Kale Fresh Strawberries (1/2 c.) w/ Non-Diary Topping Juice/Milk	BBQ Ribs on Bun Green Lima Beans Cauliflower Fruit Jello Juice/Milk
<b>Week 4 Monday 6/20</b>	<b>Tuesday 6/21</b>	<b>Wednesday 6/22</b>	<b>Thursday 6/23</b>	<b>Friday 6/24 MOW ONLY</b>	<b>Saturday 6/25 MOW ONLY</b>
Turkey Vegetable Stew (8oz) Parsley Potatoes Mixed Greens Pears Buttermilk Biscuit w/ Marg. Juice/Milk	Chicken Alfredo Fettuccine Noodles Country Style Green Beans Diced Peaches Garlic Toast Juice/Milk	Pizza Burger w/ Low Fat Cheese on Bun Oven Potatoe Wedges Cole Slaw Fruit Salad Juice/Milk	Lemon Pepper Fish Steamed Cauliflower Baked Beans Fruit Cocktail W.W. Bread w/ Marg. Juice/Milk	Meatballs w/ Brown Gravy Steamed Rice Brussels Sprouts Fresh Plum W.W. Roll w/ Marg. Juice/Milk	Chicken Cordon Bleu Mashed Potatoes Buttered Peas Fresh Grapes W.W. Roll w/ Marg. Juice/Milk

**Suggested contribution for lunch is \$2.75 for those 60 and older. Those under 60 are required to pay \$5.50.**

<b>Week 1 Monday 6/27</b>	<b>Tuesday 6/28</b>	<b>Wednesday 6/29</b>	<b>Thursday 6/30</b>	<b>Friday 7/01 MOW ONLY</b>	<b>Saturday 7/02 MOW ONLY</b>
Baked Pork Chops Pinto Beans Honey Glazed Carrots Applesauce W.W. Bread w/ Marg. Juice/Milk	<b>Shelley Abbott</b> Chef Salad, Turkey, Lettuce Cheese, Egg & Dressing Tomato Wedges (3) Macaroni Salad Madarin Oranges W.W. Crackers (6) Juice/Milk	Salisbury Steak Buttered Egg Noodles Mixed Vegetables Peaches W.W. Roll w/ Marg. Juice/Milk	Grilled Chicken on Bun Sweet Potato Fries Steamed Broccoli Melon Cup Juice/Milk	Beef Liver & Onions Mashed Potatoes w/ Gravy Green Beans Diced Pineapple W.W. Bread w/ Marg. Juice/Milk	Homemade Chicken Noodle Soup (8 oz) Side Mixed Green Salad w/ Carrots, Tomatoes, & Dressing Fresh Orange W.W. Crackers (6) Juice/Milk

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